

Utah Division of Services for People with Disabilities

Welcome to the Respite Services

Last Updated: March 2016

Respite Services:

Purpose: Respite serves two purposes. It can provide support for natural caregivers and can also help people we serve to live more independent lives.

Criteria: Respite services are intended to help when a natural caregiver needs relief or to provide support to ensure the health and safety of the person receiving services during the temporary absence of the caregiver.

Respite Sources: There are three sources of respite services. In fiscal year 2014, the Utah State Legislature authorized 15% of appropriated funds be used to bring people waiting for ongoing services, with respite need only, into respite service through random selection. The Legislature also authorized annual unused funds to provide limited one-time respite for people waiting for ongoing services. Finally, respite services can also be added to a plan for a person who is already receiving ongoing waiver services.

Question & Answer:

Q: Can Respite Be Delivered in a Community Setting?

A: Yes! The respite code descriptions designate the location from where the respite service will be based. This does not mean the respite service recipient must remain in that base setting. It is the mission and purpose of the Division of Services for People with Disabilities to emphasize community inclusion when and wherever possible.

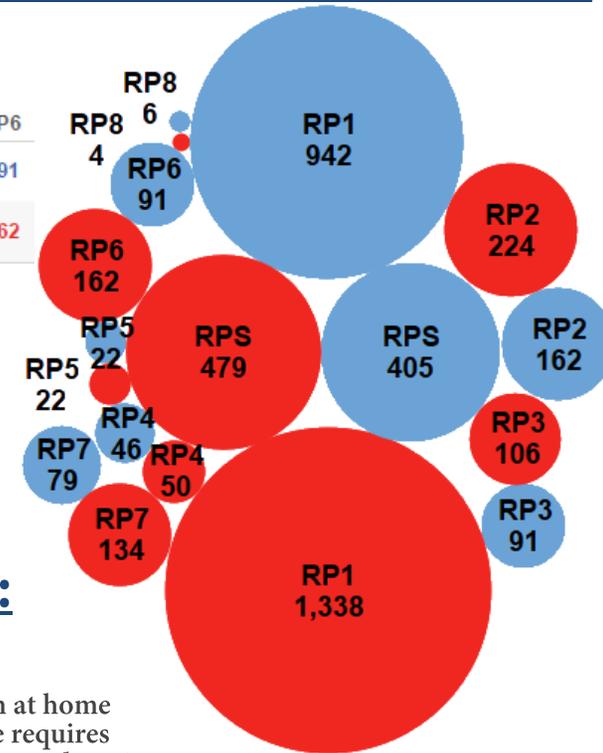
Component Matrix :

Service Codes:	Self-Administered	Provider	Group	Exceptional	Overnight with Room & Board
RP1: Routine Respite Family Managed	X				
RP2: Provider Facility Based Routine Respite		X			
RP3: Exceptional Care Respite		X		X	
RP4: Routine Respite		X			X
RP5: Exceptional Care Respite		X		X	X
RP6: Routine Respite	X				X
RP7: Routine Respite Family Managed Group	X		X		
RP8: Routine Respite Family Managed Group	X		X		X
RPS: Session Respite		X			

Fiscal Year Use:

	RP1	RP2	RP3	RP4	RP5	RP6
2014	942	162	91	46	22	91
2015	1,338	224	106	50	22	162

	RP7	RP8	RPS
2014	79	6	405
2015	134	4	479



Respite In Action:

Example #1:

Jennifer benefits tremendously from at home respite services. At the age of 14, she requires hands-on care to manage her health, needs assistance with most activities, and cannot be left at home alone. In addition, Jennifer's parents provide care for her ailing grandparents. Respite services pay for a worker to provide a couple hours of care for Jennifer, a few days a week, so her mother can help out with the grandparents and maintain the family. The respite staff will also provide some overnight care for a week this summer while Jennifer's parents travel out of state.

Example #2:

Ethan is 12 and lives at home with his parents and two sisters. Ethan requires a lot of assistance with daily activities, has trouble adapting to new situations, and engages in some behaviors that are difficult to manage. Respite services give Ethan's mother a break from his constant care needs, allow her time to run errands and attend appointments for the other children, and provide Ethan with structured activities throughout the day. Respite services have also provided Ethan a summer camp for him to attend to help him stay busy, socialize with his peers, and maintain a routine while he is not in school.

* Respite does not include medical services/transport per the HCBS waiver