

## FAMILY TRAINING AND PREPARATION (TF1)

### A. General Description:

Family Training and Preparation (TF1) services include training families in areas such as parenting, daily living and social skills and as a supplement to FMS for skills necessary to function effectively in the SAS program.

### B. Population Served:

Persons with Intellectual Disabilities, Related Conditions (ID, RC) as defined in Utah Administrative Code, Rule R539-1 and are receiving Department of Human Services, Division of Services for People with Disabilities (DHS/DSPD) Self Administer Services (SAS).

### C. Direct Service Requirements:

1. All General SAS Service Requirements shall be implemented
2. TF1 service may include training and preparation to families with the following:
  - a. parenting
  - b. skills training for daily living or social-leisure recreation
  - c. building physical stamina and strength
  - d. advocacy and communication
  - e. nutrition

Skills necessary to function effectively in the SAS program such as the following:

- f. recruitment and selection of employees
- g. legal requirements of hiring and retaining employees
- h. methods of employee supervision
- i. requirements and techniques of termination employees

If TF1 is being used for training of skills necessary to function effectively in the SAS program, this training shall be as a supplement when necessary to the basic instruction and training offered to Persons through their FMS provider.

3. TF1 shall accomplish a clearly defined outcome as listed in the Person's PCSP included the expected duration of the activity, and the measures to be used to gauge progress
4. TF1 shall be provided intermittently on a consulting basis
5. TF1 may be provided in or out of the Person's residence

D. Limitations:

TF1 shall **not**:

1. Be provided or billed if the Person has the following service codes: RHS, HHS, or PPS
2. Be provided or billed at the same time Persons are receiving any other DHS/DSPD services
3. Consist solely of supervision, companionship or observation of the Person during leisure and other community events
4. Duplicative to services provided in school

E. Employee Qualifications:

The Employee shall meet all General SAS Staff Qualifications

F. Specific Training Requirements:

General SAS Service Training Requirements shall be completed before providing services

G. Rate:

TF1 is a one-to-one (1:1) quarter hour rate