

# Home and community-based living

## Information for parents and guardians

*Home and community-based living is a way for people to receive care and supports, including nursing services if required, in a living environment that best meets their individual needs.*

### Eligibility

- ✓ Must be a current resident of an Intermediate Care Facility (ICF)
- ✓ Must currently have a one-year stay in the ICF
- ✓ Must be eligible for Medicaid

### What might change with a move into the community?

Your loved one will continue to receive Medicaid. If they move to the community, they will choose a health plan, which pays for medical services. The plan will have a list of doctors and other providers. With this change, your loved one may need to choose a new doctor. Their assigned case manager, known as a support coordinator, will make sure these changes are discussed during the transition process.

Home and community-based services offer many benefits, including living in a smaller setting that may be closer to family, pursuing an integrated job or support with a current job, choosing their roommate (if this is preferred), and the autonomy to decorate rooms and living spaces as desired.

These services will also help your loved one learn to budget their money to pay for rent, food, and personal items. They may need to set up a bank account. People will be available to help them get organized and pay their bills, or you can be the representative payee and help with this. Remember that a support coordinator will help you navigate these changes and choose who will help with needed services.

Individuals with disabilities or lived experience lead decision making. Guardians should allow as much individual participation as possible (see Utah Code §75-5-312(1)(e)). A non-guardian family member or friend may help if an individual invites it.



### Available settings

- ✓ **Staffed group home**, where you typically live with 3 to 4 other people.
- ✓ **Apartment**, with roommates of choice and necessary supports.
- ✓ **Host family**, in their home, with necessary supports.
- ✓ **In the home of a parent, family member or guardian** with supports from providers coming into the home.

# Contact Information

## Education and in-reach staff

Helps you understand your  
options

### **Alan Norton**

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### **Eman Warburton**

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### **Colleen Koch**

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## DHHS Constituent Services

Helps you with complaints about  
your loved one's care

### **Tracy Barkley**

Division of Integrated Healthcare

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### **Brenda Carlisle and Bob Pease**

Division of Services for People with  
Disabilities

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