



In-Person Survey (IPS) State Report

**2023-24 Utah Report**



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## What is National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD)?

The National Core Indicators® – Intellectual and Developmental Disabilities (NCI-IDD) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

## Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2023-24 In-Person Survey (IPS). The data shown are weighted NCI-IDD averages. These data are comprised of valid surveys collected across 30 states: AL, AR, CO, CT, DE, DC, GA, IL, IN, KS, KY, MD, MA, MI, MN, MO, NE, NV, NJ, NY, NC, ND, OH, OK, OR, PA, SC, UT, VA, WI.

## What is the NCI-IDD In-Person Survey?

The NCI-IDD In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a “Background Information Section”, which gathers data about the consumer from agency records, and an In-Person Survey that is conducted face-to-face with the person receiving services, either in person or via videoconference. The In-Person Survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

## What is included in this report?

This report includes this state’s In-Person Survey data compared to the weighted NCI-IDD Average. State outcomes that are statistically significantly higher or lower than the NCI-IDD Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI-IDD average are denoted with an up arrow ↑;
2. Outcomes where the state is significantly below the NCI-IDD average are denoted with a down arrow ↓.

Significance was set at  $\alpha = .01$ , with effect size considered. For more information about significance testing and effect sizes, please see the Methodology section of the National report.

## Presentation of Data

Many questions in the IPS allow respondents to answer a question with “middle” response like “maybe”, “sometimes” or “in-between”. The data in this report are “collapsed” data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The NCI-IDD averages are “weighted” to reflect the states’ relative population and sample sizes. We created the weights using the state’s number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI-IDD average (that is, its contribution is *proportional to its service population*). To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Survey Report.

## *Demographics*

*This section presents descriptive information of individuals surveyed.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 1. Age**

State	Age (Mean)	Minimum	Maximum	Standard Deviation	Age (Median)	N
UT	43.2	19	85	13.8	42	346
NCI-IDD Average	42.5	18	89	16.0	39	17486

Table note: When a state has an even number of observations where the two middle values are consecutive integers (e.g. 41 and 42), the median would end in .5 (e.g. 41.5). In this table, all median values ending in .5 are rounded up to the next integer.

**Table 2. Age Group**

State	18-22	23-34	35-54	55-74	75 and Older	Unknown	N
UT	5%	26%	47%	21%	1%	0%	346
NCI-IDD Average	7%	32%	35%	22%	3%	1%	17585

**Table 3. Sex**

Refers to individual's sex assigned at birth.

State	Male	Female	Unknown	N
UT	59%	41%	0%	346
NCI-IDD Average	60%	40%	0%	17450

**Table 4. Marital Status**

Information may have been collected in the field.

State	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
UT	94%	1%	4%	1%	346
NCI-IDD Average	91%	1%	2%	6%	17129

**Table 5. Is this person a parent?**

Response options are not mutually exclusive; therefore, N is not shown.

State	No, does not have a child	Yes, parent of a child or children under 18	Yes, parent of a child or children over 18	Yes, parent of a child or children, unknown age(s)	Don't Know
UT	99%	0%	0%	0%	1%
NCI-IDD Average	96%	1%	2%	0%	6%

**Table 6. Race and Ethnicity**

Response options are not mutually exclusive, therefore N is not shown; 'don't know' responses are included in the denominator, which is different from past years.

State	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Don't Know
UT	2%	2%	2%	1%	91%	6%	1%	0%
NCI-IDD Average	1%	2%	19%	0%	72%	6%	1%	2%

**Table 7. Residential designation**

Information based on residential designation defined by the USDA: <https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes.aspx>

State	Metropolitan	Micropolitan	Rural	Small Town	N
UT	82%	13%	1%	4%	343
NCI-IDD Average	78%	12%	3%	6%	17501

**Table 8. Type of residence (ICFs/ID, nursing facilities or other specialized institutional settings)**

State	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
UT	0%	0%	5%	0%	2%	346
NCI-IIDD Average	0%	0%	0%	0%	0%	17129

**Table 9. Type of residence (Group residential setting)**

State	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
UT	28%	13%	1%	346
NCI-IIDD Average	12%	18%	6%	17129

**Table 10. Type of residence (continued)**

State	Own Home or Apartment	Parent or Relative's Home	Host Home or Foster Care (2 or More People With Disabilities)	Host Home, Shared Living, or Foster Care (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
UT	9%	37%	3%	3%	0%	0%	0%	346
NCI-IIDD Average	15%	38%	3%	2%	0%	3%	1%	17129

**Table 11. Length of time at current residence (if not homeless or in crisis bed placement)**

State	Less Than 1 Year	1-3 Years	4-5 Year	Over 5 Years	Don't Know	N
UT	14%	21%	8%	52%	4%	345
NCI-IDD Average	7%	17%	8%	62%	6%	15866

**Table 12. Person's residence owned or controlled by provider agency**

State	No	Yes	Don't Know	N
UT	51%	46%	3%	345
NCI-IDD Average	56%	42%	2%	16847

**Table 13. Person is named on the lease or other legally enforceable rental agreement**

State	No	Yes, named on lease or deed	Yes, named on other legally enforceable rental agreement	Don't Know	N
UT	71%	5%	3%	20%	346
NCI-IDD Average	52%	17%	9%	22%	15782

**Table 14. Has ID diagnosis**

State	No	Yes	Don't Know	N
UT	8%	92%	0%	346
NCI-IDD Average	12%	86%	1%	17060

**Table 15. Level of ID**

State	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
UT	38%	28%	14%	15%	4%	0%	318
NCI-IDD Average	38%	28%	11%	6%	16%	1%	14999

**Table 16. Mood, anxiety, behavior, psychotic, and other mental illness**

*Response options are not mutually exclusive; therefore, N is not shown.*

State	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
UT	32%	28%	32%	6%	3%
NCI-IDD Average	31%	30%	26%	11%	10%

**Table 17a. Diagnoses noted in record**

*Response options are not mutually exclusive; therefore, N is not shown.*

State	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
UT	18%	13%	5%	26%	0%
NCI-IDD Average	30%	14%	5%	27%	1%

**Table 17b. Diagnoses noted in record (continued)**

*Response options are not mutually exclusive; therefore, N is not shown.*

State	Down Syndrome	Prader Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities Not Listed	No Other Disabilities Other than ID
UT	10%	1%	1%	3%	4%	17%	6%
NCI-IDD Average	8%	0%	3%	7%	5%	18%	6%

**Table 18a. Other conditions in record**

*Response options are not mutually exclusive; therefore, N is not shown.*

State	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
UT	8%	16%	2%	17%	16%
NCI-IDD Average	9%	19%	3%	30%	27%

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 18b. Other conditions in record (continued)**

*Response options are not mutually exclusive; therefore, N is not shown.*

State	Dysphagia	Pressure Ulcers	Alzheimer's Disease or Other Dementia	Oral Health or Dental Problems	Sleep apnea
UT	8%	4%	2%	6%	9%
NCI-IDD Average	10%	1%	3%	4%	10%

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 18c. Other conditions in record (continued)***Response options are not mutually exclusive; therefore, N is not shown.*

State	Asthma	Other Pulmonary Diagnosis	Chronic Kidney Disease	Long-term Health Problems Associated With COVID-19	Other
UT	5%	3%	4%		0% 52%
NCI-IDD Average	11%	4%	13%		0% 53%

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.***Table 19. Preferred language***Information may have been collected in the field.*

State	English	Spanish	Chinese (including Mandarin, Cantonese, and Hokkien)	Tagalog (Including Filipino)	Vietnamese	American Sign Language (ASL)	Other	N
UT	98%	1%	0%	0%	0%	0%	1%	346
NCI-IDD Average	97%	1%	0%	0%	0%	0%	1%	17257

**Table 20. Preferred means of communication***Information may have been collected in the field.*

State	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
UT	87%	3%	2%	1%	7%	0%	338
NCI-IDD Average	77%	12%	1%	1%	6%	2%	16978

**Table 21. Mobility**

*Information may have been collected in the field.*

State	Moves self around environment without aids	Moves self around environment with aids or uses wheelchair independently	Non-ambulatory and always needs assistance to move around environment	Don't Know	N
UT	70%	17%	13%	0%	346
NCI-IDD Average	76%	14%	9%	1%	17381

**Table 22. Support needed to manage self-injurious behavior**

State	None	Some	Extensive	Don't Know	N
UT	63%	28%	9%	0%	344
NCI-IDD Average	75%	17%	7%	2%	16962

**Table 23. Support needed to manage disruptive behavior**

State	None	Some	Extensive	Don't Know	N
UT	45%	39%	15%	0%	345
NCI-IDD Average	57%	25%	9%	9%	16984

**Table 24. Support needed to manage destructive behavior**

State	None	Some	Extensive	Don't Know	N
UT	58%	32%	10%	0%	346
NCI-IDD Average	68%	18%	6%	9%	17010

**Table 25. Level of guardianship**

State	None	Limited Guardianship	Full Guardianship	Has Guardian But Unable To Distinguish Level	Don't Know	N
UT	39%	9%	48%	4%	1%	346
NCI-IDD Average	47%	4%	35%	11%	3%	17261

**Table 26. Guardian's relationship to person**

State	Family	Friend	Public Guardian Or Public Administrator	Financial Institution	Non-Profit Guardianship Agency	For-Profit Guardianship Agency	Other	Don't Know	N
UT *	87%	1%	7%	0%	0%	0%	1%	3%	205
NCI-IDD Average	74%	2%	10%	0%	3%	1%	1%	10%	8821

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 27. Funding source**

State	ICF/IID	Medicaid HCBS Waiver Funded Services	Medicaid State Plan Funded	LTC Exclusively Supported by State Funds and no Medicaid	LTC Exclusively Supported by State Funds, person has Medicaid for health	Don't Know	N
UT	5%	89%	6%	0%	0%	4%	346
NCI-IDD Average	2%	87%	49%	0%	1%	2%	17063

**Table 28. Person receives Medicare**

State	Yes	No	Don't Know	N
UT *	37%	30%	33%	342
NCI-IDD Average	50%	41%	9%	16785

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 29. Amount of daily support received at home**

State	24-hour on-site support or supervision	Daily on-site support	Scheduled less frequent than daily support	As-needed visitation and phone contact	None of these options	Don't Know	N
UT	52%	26%	20%	1%	1%	0%	345
NCI-IDD Average	47%	16%	18%	2%	8%	9%	15737

**Table 30. Has remote supports**

*Remote supports combine technology and direct care to provide supports such as home-based sensors, cameras, and other devices.*

State	No, None	Yes, 24-hour Remote Supports	Yes, Less Than 24-hour Remote Supports	Don't Know	N
UT	93%	1%	1%	4%	345
NCI-IDD Average	78%	3%	3%	16%	16959

**Table 31. Has ever been diagnosed or presumed diagnosed with COVID-19**

State	No	Yes	Don't Know	N
UT *	24%	38%	39%	345
NCI-IDD Average	41%	35%	24%	14202

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 32. Has ever required in-patient hospitalization due to COVID-19 (of those who had COVID19)**

State	No	Yes	Don't Know	N
UT *	91%	6%	3%	127
NCI-IDD Average	90%	7%	2%	5112

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 33. Has gotten the COVID-19 vaccine**

State	Yes Fully Vaccinated And Has Received At Least One Booster	Yes Fully Vaccinated	Partially Vaccinated--Received One Of Two Doses Of Pfizer-BioNTech Or Moderna	Not Vaccinated At All	Don't Know	N
UT *	2%	25%	2%	25%	47%	346
NCI-IDD Average	49%	17%	3%	9%	22%	14124

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

## *Employment*

*Value Statement: People have competitive paid jobs in community-based businesses. People's jobs reflect varied preferences for employment.*

**NCI-IDD reports on four types of paid community jobs:** 1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports; 2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports; 3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and 4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave.

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 34. Has a paid community job; individual, group, and/or in a business that primarily hires people with disabilities”**

Also known as “competitive employment”. Information may have been obtained through state records.

State	Average within State	N
UT	21%	340
NCI-IDD Average	17%	14736

**Table 35. Type of paid community job**

Response options are not mutually exclusive.

State	Individual with publicly funded supports	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
UT	51%	34%	67	19%	70	14%	69
NCI-IDD Average	34%	35%	2242	25%	2473	12%	2183

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don’t Know responses in their denominators are marked with an asterisk (\*).

**Table 36. Average number of biweekly hours by type of community job**

State	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
UT	16.41	34	20.66	22	n/a	n/a	n/a	n/a
NCI-IDD Average	29.21	678	28.47	645	25.20	405	24.20	233

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don’t Know responses in their denominators are marked with an asterisk (\*).

**Table 37. Average hourly wages by type of community job**

State	Individual with publicly funded supports	N	Individual without publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
UT	\$11.13*	22	n/a	n/a	n/a	n/a	n/a	n/a
NCI-IDD Average	\$16.01	586	\$15.79	525	\$11.71	356	\$13.81	201

Table note: Data display is suppressed (i.e. shown as n/a) for the cells with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation. Cells with more than 25% missing or Don't Know responses in their denominators are marked with an asterisk (\*).

**Table 38a. Job industries of those with paid community jobs**

Response options are not mutually exclusive.

State	Food prep and food service	Building and grounds cleaning or maintenance	Personal care provider	Retail	N
UT	45%	22%	1%	16%	67
NCI-IDD Average	23%	23%	1%	22%	2130

**Table 38b. Job industries of those with paid community jobs (continued)**

Response options are not mutually exclusive.

State	General office and support	Farming fishing forestry worker	Construction or repair	Assembly, manufacturing, or packaging	N
UT	1%	0%	1%	3%	67
NCI-IDD Average	5%	1%	1%	8%	2130

**Table 38c. Job industries of those with paid community jobs (continued)**

*Response options are not mutually exclusive.*

State	Materials handling, mail distribution	Management, business or financial operations	Professional or technical occupation	Other	N
UT	0%	0%	1%	13%	67
NCI-IDD Average	3%	0%	1%	13%	2130

**Table 39. Does not have paid community job and wants a paid community job**

State	Average within State	N
UT	35%	98
NCI-IDD Average	42%	5434

**Table 40. Has community employment as a goal in their service plan**

State	Average within State	N
UT	30%	343
NCI-IDD Average	25%	15257

**Table 41. Uses special technology to help do their job**

State	Yes	No	N
UT	9%	91%	58
NCI-IDD Average	13%	87%	2711

**Table 42. Does these activities at least once a week**

*Response options are not mutually exclusive; therefore N is not shown.*

State	Attends day program or workshop	Volunteers	Job training	School/ classes	Community activities with paid support	Other	No activities	Don't Know
UT	57%	16%	9%	7%	57%	12%	11%	2%
NCI-IDD Average	47%	19%	8%	7%	42%	21%	19%	1%

**Table 43. Takes part in classes, training or skills building activities to gain skills to expand their job opportunities**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	19%	172
NCI-IDD Average	16%	9601

## *Community Inclusion and Belonging*

*Value Statement: People do things in their community they want to do. People feel like they belong to the communities/groups of their choosing.*

**Table 44. Gets to go out and do the things likes to do in the community as much as wants to**

State	Average within State	N
UT	68%	167
NCI-IDD Average	71%	9369

**Table 45. Does things in the community with the people they want**

State	Average within State	N
UT ↑	89%	166
NCI-IDD Average	81%	9241

**Table 46. Can be themselves when with others in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	95%	107
NCI-IDD Average	91%	4739

**Table 47. Others include them as part of the group in groups, organizations, or communities the person takes part in (if person takes part in groups, organizations, or communities)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	97%	103
NCI-IDD Average	90%	4756

**Table 48. Gets help to learn new things**

State	Average within State	N
UT	77%	163
NCI-IDD Average	77%	9382

## *Choice and Decision Making*

*Value Statement: People are supported to make everyday choices and life decisions. Support for decision-making includes necessary information and experiences.*

**Table 49. Chose or had some input in choosing where they live if not living in the family home**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	51%	191
NCI-IDD Average	57%	9349

**Table 50. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	35%	191
NCI-IDD Average	43%	9368

**Table 51. Decides or has help deciding their daily schedule**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	84%	315
NCI-IDD Average	87%	17150

**Table 52. Decides or has help deciding how to spend free time**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	96%	313
NCI-IDD Average	94%	17164

*Table note: This is asking about who chooses how the person spends their time when they are not working, attending a day program, or doing other regular daily activity with or without supports.*

**Table 53. Has enough choice about what to do in free time**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	96%	282
NCI-IDD Average	94%	16667

**Table 54. Chose or had some help in choosing where they work (among those with a paid community job)**

*Proxy respondents were allowed for this question. Reported for those determined to have a paid community job based on Background Information section. MN did not have data related to employment.*

State	Average within State	N
UT	94%	54
NCI-IDD Average	90%	2150

**Table 55. Chose or had some input in choosing day program or workshop**

*Proxy respondents were allowed for this question. Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity, or paid facility-based activity in the Background Information section.*

State	Average within State	N
UT	68%	136
NCI-IDD Average	63%	6077

*Only includes those respondents determined to have an unpaid community activity, unpaid paid facility-based activity, or paid facility-based activity in the Background Information section.*

**Table 56. Has input in choosing their regular day activities (in addition to or instead of a paid community job and/or day program/workshop)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	91%	218
NCI-IDD Average	85%	10813

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 57. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	97%	294
NCI-IDD Average	90%	16552

**Table 58. Chose staff or were aware they could request to change staff**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	80%	290
NCI-IDD Average	60%	14799

**Table 59. Can change their case manager/service coordinator if wants to**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	91%	301
NCI-IDD Average	74%	15860

**Table 60. Life Decisions Scale**

*Risk-adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.*

State	Average within State	N
UT	67%	335
NCI-IDD Average	59%	15292

*The Life Decisions Scale includes choice of residence, work, day activity, staff, and roommates.*

**Table 61. Everyday Choices Scale**

State	Average within State	N
UT	92%	318
NCI-IDD Average	90%	17344

*The Everyday Choices Scale includes choice of daily schedule, how to spend money, and free time activities.*

*Community Participation*

*Value Statement: People participate in activities in their communities.*

**Table 62. Went out shopping at least once in the past month**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	87%	320
NCI-IDD Average	88%	16971

**Table 63. Went out on errands at least once in the past month**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	86%	311
NCI-IDD Average	84%	16704

**Table 64. Went out for entertainment at least once in the past month**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	85%	317
NCI-IDD Average	72%	16946

**Table 65. Went out to a restaurant or coffee shop at least once in the past month**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	92%	314
NCI-IDD Average	83%	16998

**Table 66. Went out to religious service or spiritual practice at least once in the past month**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	38%	307
NCI-IDD Average	36%	16889

**Table 67. Takes part in groups, organizations or communities (in-person or virtually)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	38%	309
NCI-IDD Average	28%	16949

**Table 68. The groups, organizations or communities takes part in include people without disabilities**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	32%	113
NCI-IDD Average	57%	4719

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 69. Community Inclusion Scale**

*Risk-adjusted. For more information on this scale, see the beginning of this chapter. Some states are not included due to variation in availability of data for risk adjustment.*

State	Average within State	N
UT	87%	322
NCI-IDD Average	82%	17257

## *Relationships*

*Value Statement: People are supported to build and maintain relationships that are important to them.*

**Table 70. Has friends who are not staff or family members**

State	Average within State	N
UT	82%	171
NCI-IDD Average	78%	9782

**Table 71. Has best friend (may be staff or family)**

State	Average within State	N
UT	83%	156
NCI-IDD Average	80%	8451

**Table 72. Wants help to make or keep in contact with friends**

*“Yes” and “Maybe” responses combined.*

State	Average within State	N
UT ↓	36%	169
NCI-IDD Average	55%	9499

**Table 73. Has friends (may be staff or family) and can meet with their friends in person when they want**

State	Average within State	N
UT	76%	153
NCI-IDD Average	69%	8403

**Table 74. Has other ways of talking, chatting, or communicating with friends when cannot see them in person**

State	Average within State	N
UT ↓	67%	156
NCI-IDD Average	78%	8504

**Table 75. Can see and/or talk with their family when they want (among those who do not live in the family home)**

State	Average within State	N
UT	84%	112
NCI-IDD Average	82%	5500

**Table 76. Often feels lonely**

State	Average within State	N
UT	8%	169
NCI-IDD Average	12%	9502

**Table 77. Can go on a date or is married or living with partner**

State	Average within State	N
UT ↑	91%	143
NCI-IDD Average	78%	7509

## *Satisfaction*

*Value Statement: People are satisfied with their everyday lives – where they live, work, the supports they receive, and what they do during the day.*

**Table 78. Likes home or where lives**

State	Average within State	N
UT	82%	175
NCI-IDD Average	88%	9896

**Table 79. Wants to live somewhere else**

State	Average within State	N
UT ↓	20%	169
NCI-IDD Average	29%	9670

**Table 80. Has enough things they like to do at home**

State	Average within State	N
UT ↓	56%	169
NCI-IDD Average	83%	9592

**Table 81. Likes paid community job (if working in a paid community job)**

*Based on those reported to have a paid community job (from the Background Information Section)*

State	Average within State	N
UT	85%	46
NCI-IDD Average	91%	1820

**Table 82. Wants to go out shopping more, less or the same amount as last month**

*Proxy respondents were allowed for this question.*

State	More	Less	The Same Amount	N
UT	40%	4%	56%	269
NCI-IDD Average	35%	6%	59%	16,695

**Table 83. Wants to go out for entertainment more, less or the same amount as last month**

*Proxy respondents were allowed for this question.*

State	More	Less	The Same Amount	N
UT	52%	2%	46%	270
NCI-IDD Average	46%	2%	52%	16,651

**Table 84. Wants to go out to a restaurant or coffee shop more, less or the same amount as last month**

*Proxy respondents were allowed for this question.*

State	More	Less	The Same Amount	N
UT	53%	3%	45%	268
NCI-IDD Average	44%	3%	53%	16,766

**Table 85. Wants to go out to a religious service or spiritual practice more, less or the same amount as last month**

*Proxy respondents were allowed for this question.*

State	More	Less	The Same Amount	N
UT	10%	3%	87%	262
NCI-IDD Average	21%	3%	76%	15,911

**Table 86. Person wants to be a part of more community groups**

*Proxy respondents were allowed for this question.*

State	Yes	No	N
UT	27%	73%	260
NCI-IDD Average	35%	65%	15886

**Table 87. Satisfaction with Community Inclusion Scale**

State	Average within State	N
UT	61%	279
NCI-IDD Average	61%	17159

*The scale includes the following items:*

- *Person is satisfied with how often they went on shopping in the past month*
- *Person is satisfied with how often they went out for entertainment in the past month*
- *Person is satisfied with how often they went to a restaurant or coffee shop in the past month*
- *Person is satisfied with how often they went to a religious service or spiritual practice in the past month*
- *Person is satisfied with the level of community group participation*

**Table 88. Likes how they usually spend time during the day**

State	Average within State	N
UT ↓	63%	170
NCI-IDD Average	81%	9587

**Table 89. Has used telehealth for healthcare services and like using it**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	44%	93
NCI-IDD Average	53%	7964

**Table 90. Has accessed services and support using video conference technology and like using it**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	56%	27
NCI-IDD Average	58%	3451

**Table 91. Have talked with their case manager using video conference technology and like using it**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	59%	122
NCI-IDD Average	56%	6430

## *Self-Direction*

*Value Statement: People who use a self-directed supports option have the information and support needed to actively participate in directing their own supports and services.*

**Table 92. Using a self-directed supports option***Information may have been obtained through state records.*

State	Yes	No	N
UT	28%	72%	337
NCI-IDD Average	21%	79%	15273

**Table 93. People who make decisions or have input in making decisions about the services that are self directed**

State	Person Mostly Makes Decisions	Person Has Input, And Family/friend Helps	Family/friend Makes Decisions, Person Does Not Have Input	Case Manager Or Another Professional Employed By The State	N
UT *	6%	28%	63%	3%	67
NCI-IDD Average	15%	43%	39%	3%	2344

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.***Table 94. Can make changes to individual budget/services if needed***Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
UT	98%	0%	2%	53
NCI-IDD Average	91%	2%	7%	2027

**Table 95. Has enough help deciding how to direct services**

*Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
UT	93%	0%	7%	54
NCI-IDD Average	87%	5%	8%	2040

**Table 96. Has the amount of control wanted with the services that are self-directed**

*Proxy respondents were allowed for this question.*

State	Yes	No	In-Between	N
UT	85%	0%	15%	52
NCI-IDD Average	84%	6%	10%	2022

**Table 97. The services and supports they want to self-direct are always available. This includes things like having the services that they want available when they want them and having enough staff to hire.**

*Proxy respondents were allowed for this question.*

State	Yes	No	Sometimes	N
UT	52%	4%	44%	52
NCI-IDD Average	65%	17%	18%	2016

**Table 98. Gets information about budget and services from financial management service (FMS)**

*Proxy respondents were allowed for this question.*

State	Yes	No	Sometimes	N
UT	57%	7%	36%	44
NCI-IDD Average	84%	11%	6%	1965

**Table 99. Information from FMS is easy to understand**

*Proxy respondents were allowed for this question.*

State	Yes, Easy To Understand On Own	No, Not Easy To Understand And Does Not Get Help To Understand	Some Information Is Easy To Understand Or Understands With Help From Others	N
UT	44%	4%	52%	25
NCI-IDD Average	69%	6%	26%	1500

**Table 100. Frequency with which the person gets information from FMS**

*Proxy respondents were allowed for this question.*

State	At Least Every Three Months	About Twice A Year	Once A Year Or Less	N
UT	55%	36%	9%	22
NCI-IDD Average	68%	16%	16%	1411

**Table 101. Needs help with these elements of self direction**

*Proxy respondents were allowed for this question.*

State	Help planning out service needs and setting a schedule for staff	Help getting staff paid	Help finding or keeping the staff they want	Help training staff	Help managing benefits for staff	Help understanding information gets from FMS	More information about what services and supports they can get	Other	Don't Know	N
UT	4%	11%	8%	2%	4%	2%	28%	2%	2%	53
NCI-IDD Average	9%	10%	23%	11%	6%	14%	33%	11%	2%	2037

## *Service Coordination*

*Value Statement: Case managers/service coordinators are accessible and responsive to people. Case managers/service coordinators are knowledgeable about people's needs and the services/supports available to address those needs. Service plans reflect people's goals and needs and are modified as changes occur. People actively engage in the service planning process.*

**Table 102. Has met or spoken with case manager/service coordinator**

State	Average within State	N
UT ↑	96%	170
NCI-IDD Average	93%	9405

**Table 103. Case manager/service coordinator knows what is important to person**

State	Average within State	N
UT	88%	162
NCI-IDD Average	90%	8352

**Table 104. Able to contact case manager/service coordinator when wants**

State	Average within State	N
UT	83%	161
NCI-IDD Average	84%	8359

**Table 105. Case manager/service coordinator has talked to them about technology that may help them in their everyday life**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	23%	276
NCI-IDD Average	32%	15069

**Table 106. Was at last service planning meeting, or had the opportunity to be but chose not to**

State	Average within State	N
UT	98%	155
NCI-IDD Average	97%	8821

**Table 107. Knew what was being talked about at last service planning meeting**

State	Average within State	N
UT ↑	93%	147
NCI-IDD Average	83%	8117

**Table 108. Last service planning meeting included people person wanted to be there**

State	Average within State	N
UT ↑	98%	155
NCI-IDD Average	93%	8404

**Table 109. Person helped make service plan**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	89%	305
NCI-IDD Average	74%	16455

**Table 110. Case manager/service coordinator reviews their service plan with them throughout the year, when needed**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	77%	308
NCI-IDD Average	88%	16561

**Table 111. Service plan includes things that are important to person**

State	Average within State	N
UT	97%	134
NCI-IDD Average	94%	7433

**Table 112. Knows who to ask if wants to change something about services**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	93%	316
NCI-IDD Average	80%	16868

**Table 113. Of those who say they want to learn to perform ADLs more independently, the percentage who have a related goal in the service plan**

State	Average within State	N
UT	n/a	n/a
NCI-IDD Average	76%	1577

*Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.*

**Table 114. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan**

State	Average within State	N
UT	41%	34
NCI-IDD Average	34%	2118

## *Workforce*

*Value Statement: There is stable and sufficient direct support workforce to meet demand. People are supported by staff who demonstrate respect for what is important to the person in their day-to-day life. Staff have the right skills to support people.*

**Table 115. Staff are respectful of person’s culture**

State	Average within State	N
UT	91%	95
NCI-IDD Average	94%	5514

**Table 116. Staff treat person with respect**

State	Average within State	N
UT	88%	98
NCI-IDD Average	92%	5660

**Table 117. Person can talk or communicate with staff in their preferred language**

State	Average within State	N
UT	98%	97
NCI-IDD Average	97%	5591

**Table 118. Staff do things the way person wants them done**

State	Average within State	N
UT	80%	97
NCI-IDD Average	86%	5519

**Table 119. When in the community, staff support person in the way they want**

State	Average within State	N
UT	95%	95
NCI-IDD Average	90%	5489

**Table 120. Staff come and leave when they are supposed to**

State	Average within State	N
UT	86%	94
NCI-IDD Average	91%	5169

**Table 121. Person's staff change too often**

*"Average Within State" reflects "Yes, staff do change too often" and "Sometimes or Some Staff" options.*

State	Average within State	N
UT	31%	95
NCI-IDD Average	42%	5392

**Table 122. Staff have the right training to meet person's needs**

*Proxy respondents (who were not staff) were allowed for this question.*

State	Average within State	N
UT	88%	217
NCI-IDD Average	88%	11455

## Access

*Value Statement: Services and supports are available, accessible, and responsive to people's needs People know the options available to them for services and supports.*

**Table 123. Able to get places when wants to do something outside of home like going out to see friends, for entertainment, or to do something fun.**

State	Average within State	N
UT	79%	169
NCI-IDD Average	80%	9581

**Table 124. Has a way to get places needs to go (like work, appointments, etc.)**

State	Average within State	N
UT	89%	171
NCI-IDD Average	94%	9627

**Table 125. Adequate Transportation Scale**

State	Average within State	N
UT	84%	167
NCI-IDD Average	87%	9489

*The scale scores were calculated using data from two variables—having access to transportation when wanted (Table 123) and having access to transportation when needed (Table 124).*

**Table 126. Has access to the internet***Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	90%	306
NCI-IDD Average	85%	17068

*Please note: This may be in the home, using a smartphone, in a local coffee shop, or somewhere the person spends time during the day.***Table 127. Internet always works at home***Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↑	95%	237
NCI-IDD Average	86%	11522

**Table 128. Frequency uses internet***Proxy respondents were allowed for this question.*

State	Everyday	Several Times A Week	Several Times A Month	Several Times A Year	Not At All	N
UT	62%	18%	4%	2%	13%	277
NCI-IDD Average	62%	12%	5%	2%	18%	14423

**Table 129. Uses technology in everyday life to help them do more things on their own**

*Proxy respondents were allowed for this question. “Using technology in everyday life” refers to things like using a smartphone app to help get places, setting automatic alerts or reminders to do things like take medication, and using apps to show how to do things like preparing meals.*

State	Yes	No	N
UT	21%	79%	297
NCI-IDD Average	30%	70%	16762

**Table 130. Has enough help to use the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	97%	60
NCI-IDD Average	92%	4907

**Table 131. Knows who to talk to if there are issues with the technology and devices that help them in their everyday life (if uses technology that helps them do more things on their own)**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	95%	60
NCI-IDD Average	93%	4930

**Table 132. Has used telehealth to talk with a health professional.**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	41%	299
NCI-IDD Average	54%	16564

**Table 133. Accessed services or supports using videoconference technology**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	11%	294
NCI-IDD Average	24%	16476

**Table 134. Has talked with their case manager/service coordinator using videoconference technology**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	44%	300
NCI-IDD Average	44%	16422

**Table 135. Has a cell phone or smartphone**

State	Average within State	N
UT †	78%	174
NCI-IIDD Average	68%	9694

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 136. Wants a cell phone or smartphone (if does not have one)**

State	Yes	No	N
UT	31%	69%	35
NCI-IIDD Average	45%	55%	2826

**Table 137. Reasons does not have cell phone or smartphone**

State	Cost	Not allowed	Lost/broke my old phone	Other	N
UT	n/a	n/a	n/a	n/a	n/a
NCI-IIDD Average	31%	12%	19%	42%	1014

**Table 138a. Additional services needed***Proxy respondents were allowed for this question.*

State	Help finding a new place to live	Changes or modifications to home	Staff support to help at home	Help working on job skills	Help finding or signing up for classes	Help finding something different to do during the day (not including paid community job)	Help finding more reliable transportation	N
UT	8%	6%	10%	14%	13%	11%	9%	300
NCI-IDD Average	11%	7%	14%	17%	15%	17%	12%	17162

**Table 138b. Additional services needed***Proxy respondents were allowed for this question.*

State	Help getting or using tech to help in everyday life	Help with healthcare	Help understanding medication	Help finding, getting or setting up mental health or behavioral health	Anything else	Does not need additional supports	Don't Know
UT	8%	5%	4%	6%	7%	58%	4%
NCI-IDD Average	12%	8%	7%	9%	14%	48%	2%

## *Safety*

*Value Statement: People feel safe at home and outside of the home. People know whom to talk to if they don't feel safe.*

**Table 139. Feels afraid in their home, neighborhood, transport, workplace, day program/at other daily activity and/or other places**

State	Average within State	N
UT	21%	163
NCI-IDD Average	21%	9478

**Table 140. Has someone to go to for help when they feel afraid**

State	Average within State	N
UT	94%	172
NCI-IDD Average	93%	9600

## *Health*

*Value Statement: People have access to and get recommended health services at the recommended frequencies.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 141. Has a primary care doctor or practitioner***Information may have been obtained through state records.*

State	Average within State	N
UT ↑	99%	334
NCI-IDD Average	98%	16874

**Table 142. In poor health***Proxy respondents were allowed for this question.*

State	Average within State	N
UT	1%	308
NCI-IDD Average	2%	17157

**Table 143. Had a complete physical exam in the past year (This refers to a routine exam, not a visit for a specific problem or illness)***Information may have been obtained through state records.*

State	Average within State	N
UT ↑	95%	300
NCI-IDD Average	86%	15840

**Table 144. Had a routine dental exam in the past year***Information may have been obtained through state records.*

State	Average within State	N
UT ↑	86%	277
NCI-IDD Average	78%	14489

**Table 145. Had an eye exam/vision screening in the past year***Information may have been obtained through state records.*

State	Average within State	N
UT *	64%	156
NCI-IDD Average	59%	12905

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.***Table 146. Had a hearing test in the past five years***Information may have been obtained through state records.*

State	Average within State	N
UT * ↑	73%	84
NCI-IDD Average	50%	9043

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 147. Had a Pap test in the past three years (among women 21 and older)**

Information may have been obtained through state records.

State	Average within State	N
UT *	44%	39
NCI-IDD Average	51%	3950

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 148. Had a mammogram test in the past two years (among women age 40 and over)**

Information may have been obtained through state records. The U.S. Preventive Services Task Force (USPSTF) recommends that all women get screened every other year starting at age 40 to reduce their risk of dying from breast cancer. For more information, please visit [USPSTF's page on breast cancer screening](#).

State	Average within State	N
UT	73%	26
NCI-IDD Average	71%	1667

**Table 149. Last colorectal cancer screening (among people age 45 to 75)**

Information may have been obtained through state records; The "don't know" responses are included in the denominator.

State	Colonoscopy within the past 10 years	Sigmoidoscopy within the past 5 years	Fecal Occult Blood Test (FOBT) or Fecal Immunochemical Test (FIT) in the past year	Never had exam or screening	Don't Know	N
UT *	11%	2%	6%	8%	72%	96
NCI-IDD Average	31%	1%	6%	21%	42%	6123

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 150. Had a flu vaccine in the past 12 months**

Information may have been obtained through state records.

State	Average within State	N
UT * ↑	95%	155
NCI-IDD Average	74%	12400

Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.

**Table 151. Went to the emergency room for any reason to get care for themselves in the past 12 months**

Proxy respondents were allowed for this question.

State	Yes	No	N
UT	20%	80%	305
NCI-IDD Average	29%	71%	16922

**Table 152. Had an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD, in the past year**

Information may have been obtained through state records. Response options are not mutually exclusive. Percentage shows “Of those with an unexpected hospital admission due to dehydration, bowel obstruction, seizure, aspiration, or GERD in the past year, the percent that were hospitalized for each condition.”

State	Dehydration	Bowel obstruction	Seizure	Aspiration	Gastroesophageal Reflux Disease (GERD)	N
UT *	10%	27%	47%	23%	23%	30
NCI-IDD Average	14%	17%	44%	17%	22%	899

Table note: Data display is suppressed (i.e. shown as n/a) with low counts of responses (n<20). These responses are retained in NCI-IDD Average calculation.

**Table 153. Fell and hurt themselves in the past six months**

*Proxy respondents were allowed for this question.*

State	Fell And Hurt Themselves In Past 6 Months	Did Not Fall And Hurt Themselves In The Past 6 Months	N
UT	12%	88%	299
NCI-IDD Average	14%	86%	16977

## *Medications*

*Value Statement: Medications are used effectively and appropriately.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 154. Takes at least one medication for mood, anxiety, psychotic disorder, and/or behavioral challenges**

*Information may have been obtained through state records.*

State	Average within State	N
UT ↑	64%	337
NCI-IDD Average	57%	15350

**Table 155. Takes medication for mood, anxiety, and/or psychotic disorders**

*Information may have been obtained through state records.*

State	Average within State	N
UT ↑	63%	333
NCI-IDD Average	53%	15492

**Table 156. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders**

*Information may have been obtained through state records.*

State	One Or Two Medications	Three Or Four Medications	Five To Ten Medications	Eleven Or More Medications	N
UT	64%	30%	6%	0%	197
NCI-IDD Average	66%	26%	8%	0%	7879

**Table 157. Takes medication for behavioral challenges***Information may have been obtained through state records.*

State	Average within State	N
UT	32%	329
NCI-IDD Average	27%	14928

**Table 158. Number of medications taken for behavioral challenges if taking at least one for this purpose***Information may have been obtained through state records.*

State	One Or Two Medications	Three Or Four Medications	Five To Ten Medications	Eleven Or More Medications	N
UT	80%	19%	1%	0%	97
NCI-IDD Average	78%	18%	5%	0%	4063

**Table 159. Has behavior plan**

*Information may have been obtained through state records.*

State	Average within State	N
UT ↑	44%	346
NCI-IDD Average	27%	16164

**Table 160. Has behavior plan (among those who take medication for a behavior challenge)**

*Information may have been obtained through state records.*

State	Average within State	N
UT ↑	73%	104
NCI-IDD Average	59%	4584

## Wellness

*Value Statement: People are supported to engage in and maintain healthy habits and lifestyles.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 161. Uses nicotine or tobacco products**

Information may have been obtained through state records.

State	Average within State	N
UT	6%	337
NCI-IDD Average	6%	16197

A higher percentage for this item does not indicate a more positive result.

**Table 162. Body Mass Index (BMI) category (BMI calculated using data on weight and height)**

Information may have been obtained through state records.

State	Underweight	Normal	Overweight	Obese	N
UT	8%	29%	28%	35%	279
NCI-IDD Average	5%	30%	28%	38%	14373

**Table 163. Exercises or does physical activity at least once per week for 10 minutes or more at a time**

Proxy respondents were allowed for this question.

State	Average within State	N
UT ↑	89%	302
NCI-IDD Average	81%	16984

**Table 164. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard**

Proxy respondents were allowed for this question.

State	Average within State	N
UT ↑	44%	300
NCI-IDD Average	34%	16885

## *Rights and Respect*

*Value Statement: People's rights are respected and people receive the same respect and protections as others in the community.*

**Important note on data** Several states had large amounts of missing data or data recorded as “don’t know.” Where 25% or more of a state’s sample had “don’t know” or missing responses, we used an asterisk (\*) to indicate that state’s data should be interpreted with caution as it may not accurately represent the sample or service population.

**Table 165. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	42%	298
NCI-IDD Average	36%	15819

**Table 166. Has ever voted in local, state, or federal election, or had the opportunity and chose not to**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	45%	305
NCI-IDD Average	52%	16413

**Table 167. Has a place to be alone in the home**

State	Average within State	N
UT	96%	170
NCI-IDD Average	96%	9707

**Table 168. Has a key to the home**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT ↓	46%	309
NCI-IDD Average	55%	17080

**Table 169. Wants a key to the home (if does not have one)**

*Proxy respondents were allowed for this question.*

State	Yes	Maybe, Not Sure	No	N
UT *	16%	7%	78%	116
NCI-IDD Average	15%	8%	77%	6415

*Table note: Asterisk (\*) indicates the state had more than 25% missing or don't know responses.*

**Table 170. Can lock bedroom if wants**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	60%	303
NCI-IDD Average	61%	15784

**Table 171. Others (who do not live in the home) let person know before entering home**

State	Average within State	N
UT ↓	70%	165
NCI-IDD Average	86%	9445

**Table 172. Others let person know before coming into person's bedroom**

State	Average within State	N
UT ↓	60%	167
NCI-IDD Average	80%	9562

**Table 173. Others read person’s mail or email without asking**

State	Average within State	N
UT	11%	142
NCI-IDD Average	10%	8806

**Table 174. There are no rules for using phone or internet**

State	Average within State	N
UT ↓	69%	163
NCI-IDD Average	84%	8935

**Table 175. There are rules about having friends or visitors in the home**

State	Average within State	N
UT	34%	160
NCI-IDD Average	27%	8872

**Table 176. Can stay at home if others in the house go somewhere**

*Proxy respondents were allowed for this question.*

State	Average within State	N
UT	50%	299
NCI-IDD Average	47%	15852

**Table 177. Respect for Personal Space Scale**

State	Average within State	N
UT	76%	168
NCI-IDD Average	87%	9720

*The scale includes the following items:*

- *Other people let respondents know before they come into their home*
- *Other people let respondents know before coming into their bedroom*
- *Respondent has a place to be alone in their home*