

HOME AND COMMUNITY BASED LIVING

Creating your goals

What is person-centered planning?

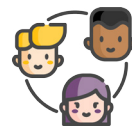
- You and your support coordinator, and any one else you want to join you, will create a plan.
- A person-centered plan helps you live the life that you want.
- The plan explains how to support your goals by using your:
 - strengths
 - relationships
 - community
 - employment
 - community resources
- You can change your mind at anytime.
- Talk to your caseworker to make changes to your plan

Examples of services that you can choose for daily support:



Managing money

Helps you learn how to budget money



Community involvement

Helps you enjoy the things you like to do



Employment services

Helps you find a job that you want



Transportation

Helps you go where you want to go



Medical care & medication assistance

Helps you get needed medical care and take your medications safely



Relationships

Helps you spend time with people you care about