

# HOME AND COMMUNITY BASED LIVING

## *Creating your goals*

### What is person-centered planning?

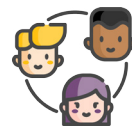
- You and your support coordinator, and any one else you want to join you, will create a plan.
- A person-centered plan helps you live the life that you want.
- The plan explains how to support your goals by using your:
  - strengths
  - relationships
  - community
  - employment
  - community resources
- You can change your mind at anytime.
- Talk to your caseworker to make changes to your plan

### Examples of services that you can choose for daily support:



#### **Managing money**

Helps you learn how to budget money



#### **Community involvement**

Helps you enjoy the things you like to do



#### **Employment services**

Helps you find a job that you want



#### **Transportation**

Helps you go where you want to go



#### **Medical care & medication assistance**

Helps you get needed medical care and take your medications safely



#### **Relationships**

Helps you spend time with people you care about