

Personal assistance (PA1) and (PA2)

SAS service code

Version Date: May 2024

A. General description:

Personal assistance service is the hands-on care of both medical and non-medical supports needs of a medically stable person. This service is intended to reinforce a person's strengths, while substituting or compensating for the absence, loss, diminution, or impairment of physical or cognitive functions.

PA1 is generally provided on a regularly scheduled basis, though may be offered on an intermittent or as-needed basis. Services may be provided in the Person's place of residence or community setting.

B. Population served:

Persons with intellectual disabilities and related conditions (ID, RC) and/or adults age 18 and older physical disabilities (PD) as defined in Utah Administrative Rule R539-1 and are receiving Department of Health & Human Services Division of Services for People with Disabilities (DHHS DSPD) self-administered services (SAS).

C. Direct service requirements:

1. All general SAS service requirements shall be implemented.
2. Maintain a sanitary and safe living environment in the person's home.
3. Personal assistance may include the following:
 - a. Skilled medical care and health maintenance; and
 - b. Housekeeping, chore services and other reasonable and necessary activities.

D. Service code selection:

Personal assistance includes service codes PA1 and PA2.

1. PA1 must be used when the person is receiving services from an employee who is NOT the person's spouse.
2. PA2 must be used when the person:
 - a. Is receiving services from an employee who is the spouse of the person; and
 - b. Is receiving Physical Disability Waiver services.

E. Specific service requirements for PA2:

1. It is in the best interest of the person to have their spouse be their employee;
2. The person chooses to have their spouse be their employee, and this choice is supported by their person-centered support team (PCST);
3. Caregiver burnout has been taken into consideration; and
4. The spouse is NOT the administrator/employer of the person's self-administered services.

F. Limitations:

1. PA1 and PA2 shall NOT:
 - a. Be provided or billed for at the same time persons are receiving any other DHHS DSPD services;
 - b. Include 24-hour direct care employee support; and
 - c. Be used for personal needs costs.
2. PA2 shall NOT be billed for more than 40 hours a week.

G. Employee qualifications:

The Employee shall:

1. Meet all general staff qualifications; and
2. Be capable of physically completing all required tasks

H. Specific training requirements:

The employee shall meet all general SAS staff qualifications.

I. Rate:

Personal assistance is a one-to-one, quarter hour service.