

# Support coordinator quarterly meeting

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October 18, 2023

# Housekeeping

This meeting is being recorded.

Please mute your microphone.

Recording and slides will be available this Friday at:  
[dspd.utah.gov/support-coordinators/](https://dspd.utah.gov/support-coordinators/)

Questions? Type into chat.

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# Agenda

October 18, 2023

Announcements

DSPD staff changes

Legislative updates

Office of Service Review updates

Finance team updates

Person-centered planning training

Q/A

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**Please complete a 114AR with the Division of Workforce Services for all the people you are serving and send it to [lrcunit@utah.gov](mailto:lrcunit@utah.gov).**

This is the best way to be notified of waiver closures, missed spend downs or reviews, or anything else that threatens Medicaid eligibility.

We are seeing an increase in waiver issues and closures as DWS winds down from the public health emergency.

**When communicating with DWS, please send all reviews and updates to [lrcunit@utah.gov](mailto:lrcunit@utah.gov) and CC the caseworker.**

This makes sure that everything is imaged to a person's file.

This way, there is always a record of what was sent in, even if a caseworker leaves DWS employment.

## **The Utah Developmental Disabilities Council is working to improve transportation access and affordability.**

You can help by asking those you serve to fill out a survey about how they get to the places that matter to them.

UDDC will review the comments and make suggestions to community leaders to support improving transportation throughout the state.

*Survey will be posted in chat.*

**Dean Weedon** is our new assistant division director of operations.

We are still hiring to fill our assistant division director of programs, previously held by Jamie Wuthrich.

**Jeremy Kellogg** and **Alisa Ferguson** joined the ESMC team.

**Marissa Bowen** joined the Community Transition Waiver team.

**Rachel Glad, Jaclyn Sells,** and **Bridgette Allen** joined the RFS team.

**Hayden Johnson** joined the Employment and Community Inclusion team

**Phillip Redlinger**, Program Manager under Becky Dalby.

**Scarlet Uda** will move from the RFS team to be the Limited Supports Waiver manager.

## Changes in DSPD staffing

# Legislative updates

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# Caregiver compensation

## Draft implementation plan is out for review

Draft implementation plan was sent for review and feedback in September.

We are taking feedback through October 29.

The implementation date has been moved to February 1, 2024. We sent instructions on how you can request the extension of this service.

*(Instructions will be posted in the chat).*

# Office of Service Review updates

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# Office of Service Review updates

- Review tools and resources are now available on our website: **[dhhs.utah.gov/CQI](https://dhhs.utah.gov/CQI)**
- If any support coordinator agencies need training on the Settings Rule, please reach out to **[osrprovider@utah.gov](mailto:osrprovider@utah.gov)**.

# Finance team updates

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# Extended Living Supports (ELS)

- ELS is used to provide support and supervision to people who receive RHS, HHS, or PPS.
  - It is used when a person is unable to participate in their normal day activities like day programs, employment, or school.
  - It is **not** intended for weekends or other days when a person would not receive day supports.

# Extended Living Supports (ELS)

- ELS is based on a person's health and safety needs.
  - ELS can be given in increments.
  - If health and safety needs are met, 24/hr staffing is not needed.
  - ELS is limited to 6 hours (24 units) per day. Requests need to stay in that limit.
  - The budget neutral policy can be used to convert day service funding to ELS if the day program rate is sufficient to cover the ELS rate.

# Extended Living Supports (ELS)

All residential worksheets including host home and professional parent supports have 16 days of built-in ELS in their rates to cover:

- Traditional holidays
- The occasional day when a person is sick or needs to stay home from regular day activities.

Submit an RFS if more days are needed. You will need to account for the initial 16 days before additional days are funded.

## **Extended Living Supports (ELS)**

If ELS is used with Host Home or Professional Parent services, ELS should be delivered by provider staff, not by the host home or professional parent.

We are clarifying this in our provider contract.



# Extended Living Supports (ELS)

If clients are in the school system and receive residential support:

- Provide a school calendar for ELS requests due to scheduled school breaks.
- Be aware that additional days of ELS during the school year may result in an adjustment to summer day supports.
  - The combination of school days, ELS days, and summer day supports can never exceed 260 days.

# Extended Living Supports (ELS)

If you need to request additional ELS on a regular basis, please include information supporting your request such as:

- Behavioral plans
- Incident reports
- IEP
- Etc.

Please contact [dspdinfo@utah.gov](mailto:dspdinfo@utah.gov) with questions.

# Person-centered planning

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# DSPD value statements

- ★ **Individuals experiencing disabilities are the experts on their personal interests and preferences.** They should be supported to make informed, self-determined choices and maintain control over all aspects of their life.
- ★ **All individuals experiencing disabilities are able to connect, access and participate in their local communities** to the same degree as non-disabled peers. This includes opportunities for independent living, work, service, friendship, mentors, recreation, education, resources, civic/political participation, or other public support.
- ★ **All individuals experiencing disabilities are offered the opportunity to work in competitive integrated employment,** alongside co-workers without disabilities at minimum wage or higher.

# Person-centered planning competencies

The 5 core competency domains are:

1. Strengths-based, culturally informed, whole person-focused
2. Cultivating connections inside the system and out
- 3. Rights, choice, and control**
4. Partnership, teamwork, communication, and facilitation
5. Documentation, implementation, and monitoring

# Rights, choice, and control

Facilitators should:

- Presume competence.
- Understand the concepts of dignity of risk and right to fail.
- Provide basic education about one's rights
  - ◆ In services and within the service system.
  - ◆ In the community at large.
- Support people to advocate for themselves.

# Rights, choice, and control cont.


Facilitators should:

- Practice supported decision-making.
- Understand how to recognize abuse, neglect, and exploitation, and the requirements for reporting violations.
- Not restrict access to common goods and services based solely on behavioral and treatment compliance.

# Exploring Decision-Making Supports

The tool identifies three decision-making areas.

- ➔ I can decide with no support.
- ➔ I need support with my decision.
- ➔ I need someone to decide for me.



CHARTING THE LIFECOURSE | EXPLORING DECISION-MAKING SUPPORTS

This tool was designed to assist individuals and supporters with exploring decision-making support needs for each life domain.


Name of individual: \_\_\_\_\_

Name of person completing this form: \_\_\_\_\_


Relationship to individual (circle one):  Self  Family  Friend  Guardian  Other: \_\_\_\_\_

How long have you known the individual? \_\_\_\_\_


**For each question below, mark the level of support you need when making and communicating decisions and choices in the Charting the LifeCourse life domains.**




I can decide with no extra support



I need support with my decision.




I need someone to decide for me



### Daily Life & Employment


Can I decide if or when I want to work?				
Can I look for and find a job? (read ads, apply, use personal contacts)				
Do I plan what my day will look like?				
Do I decide if I want to learn something new and how to best go about that?				
Can I make big decisions about money? (open bank account, make big purchases)				
Do I make everyday purchases? (food, personal items, recreation)				
Do I pay my bills on time? (rent, cell, electric, internet)				
Do I keep a budget so I know how much money I have to spend?				
Am I able to manage the eligibility benefits I receive?				
Do I make sure no one is taking my money or using it for themselves?				



### Healthy Living

Do I choose when to go to the doctor or dentist?				
Do I decide/direct what doctors, medical/health clinics, hospitals, specialists or other health care providers I use?				
Can I make health/medical choices for my day-to-day well-being? (check-ups, routine screening, working out, vitamins)				
Can I make medical choices in serious situations? (surgery, big injury)				
Can I make medical choices in an emergency?				
Can I take medications as directed or follow a prescribed diet?				
Do I know the reasons why I take my medication?				
Do I understand the consequences if I refuse medical treatment?				
Can I alert others and seek medical help for serious health problems?				
Do I make choices about birth control or pregnancy?				
Do I make choices about drugs or alcohol?				
Do I understand health consequences associated with choosing high risk behaviors? (substance abuse, overeating, high-risk sexual activities, etc.)				
Do I decide where, when, and what to eat?				
Do I understand the need for personal hygiene and dental care?				


Continue on back >



Developed by the Charting the LifeCourse-News - [LIFECourseTools.com](http://LIFECourseTools.com)  
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# Exercise Exploring Decision-Making Supports

 <b>DAILY LIFE &amp; EMPLOYMENT</b>
Can I decide if or where I want to work?
Can I look for and find a job ( <i>read ads, apply, use personal contacts</i> )?
Do I plan what my day will look like?
Do I decide if I want to learn something new and how to best go about that?
Can I make big decisions about money? ( <i>open bank account, make big purchases</i> )
Do I make everyday purchases? ( <i>food, personal items, recreation</i> )
Do I pay my bills on time ( <i>rent, cell, electric, internet</i> )
Do I keep a budget so I know how much money I have to spend?

# Employment Pathway Tool

Section 1: Identifying the employment pathway suggestions questions and prompts

- Do you have a job now?
  - ◆ Have you ever had a job?
  - ◆ What did/do you do when you are at your job?
  - ◆ How did/do you get paid for your job?
- What daily or weekly activities do you regularly participate in?
  - ◆ Are you happy each day?
  - ◆ Are there specific days in your week you are excited for?
  - ◆ Tell me about the community activities you participate in regularly.

# Employment Pathway Tool pathways

- A. The person is unemployed and expresses interest in work.
- B. The person is unemployed and expresses they do not want to work right now.
- C. The person is working, but desires a change.
- D. The person would like to maintain their position and continue to grow in their career.

# DSPD Employment, Planning, and Inclusion team

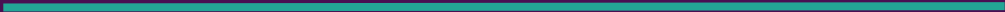
[DHHS\\_DSPD\\_CommunityInclusion@utah.gov](mailto:DHHS_DSPD_CommunityInclusion@utah.gov)

Team members:

- Bryn Peterson — [brynpeterson@utah.gov](mailto:brynpeterson@utah.gov)
- Lisa Wade — [lwade@utah.gov](mailto:lwade@utah.gov)
- TeMerra Blackwater — [tblackwater@utah.gov](mailto:tblackwater@utah.gov)
- Hayden Johnson — [haydenjohnson@utah.gov](mailto:haydenjohnson@utah.gov)



**Q/A**



**Next Support Coordinator Quarterly:**

11:30 a.m. to 1 p.m.

Wednesday, January 17

**Next Family and Self Advocate Quarterly:**

Wednesday, November 8

Day: 11:30 a.m. to 1 p.m.

Evening: 6:30 to 8 p.m.